

## Iowa WIC Outreach Materials Order Form Income Guidelines, Posters and Pamphlets

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To order income guidelines, posters, and pamphlets, at NO COST, send this form to:

ATTN: Sandy Booth  
Cedar Rapids Library  
500 1<sup>st</sup> Street, S.E.  
Cedar Rapids, IA 52401  
OR  
Fax (319) 861-2869

1. Indicate the amount of each item in the space provided below. Notice that some items are available in either English or Spanish.

**Income Guidelines:** \_\_\_\_\_ English \_\_\_\_\_ Spanish  
(pads of 25)

**Posters:** \_\_\_\_\_ English \_\_\_\_\_ Spanish  
(each)

**Pamphlets:**  
(Order in multiples of 100)

Real Meal Deal (English) \_\_\_\_\_

Come and Get It (English) \_\_\_\_\_

¡Ven y tomalos! (Spanish) \_\_\_\_\_  
(Come and Get It)

Usted y Sus Niños Necesitan Buena Nutricion (Spanish) \_\_\_\_\_  
(You and Your Children Need Good Nutrition)

Buena Alimentacion Para Su Embarazo (Spanish) \_\_\_\_\_  
(Good Nutrition for your Pregnancy)

WIC – Building a Healthier Iowa \_\_\_\_\_  
(An explanation of WIC for health and social service  
professionals including local agency contact information)

2. Enter your name, current complete address, and phone number with area code, in the space provided:

\_\_\_\_\_/\_\_\_\_\_  
Name Agency

\_\_\_\_\_  
Address

\_\_\_\_\_  
Address

Area code and phone number \_\_\_\_\_

If you have questions about WIC, contact:

Iowa WIC Program  
Lucas State Office Building  
Des Moines, IA 50319-0075

Phone: 1-800-532-1579  
E-mail: [jsteffen@idph.state.ia.us](mailto:jsteffen@idph.state.ia.us)